

Community Chest Application Summary 2017/2018

Local Authority	St Edmundsbury Borough Council
Organisation	Home-Start (Mildenhall Estate)
Amount Requested	£10,767
Total Project Cost	£129,048
Match Funding	£118,281
Partnerships	We are working closely with organisations in West Suffolk including Children's Centres, Citizens Advice Bureaus and Community Action Suffolk and Suffolk well-being.
West Suffolk Bid?	No

Key Points

- Home-Start Mid Suffolk (HSMS) aims to give support to families who may be struggling to cope with a variety of challenges
- We have set up and currently run a weekly drop in Family Group at on the Mildenhall Estate in Bury.
- Funding is required to cover the salary of a Group worker who will lead and plan the sessions, and to cover the costs of their time in supervising up to 5 volunteers who assist in the running of the group.
- Funding is also needed for cost of venue hire, refreshments, ongoing training for the volunteers e.g. safeguarding and travel costs for staff and volunteers. We have already purchased equipment and are approaching Local Councillors via their Locality Budgets for further support for this.
- Project start: **April 2017**
- Project end: **Ongoing**

**St Edmundsbury Borough Council
Community Chest Grant Application
Form
Part A**



Community Chest funding supports voluntary and community groups who make a contribution to improving the quality of life for people in West Suffolk. The information you provide will help us consider your application. If you have any questions, please give us a call on 01638 719763. Before completing this form, we ask you to please read the guidelines, which are available on: <http://www.westsuffolk.gov.uk/community/community-grants.cfm>

Please return your completed, signed form and supplementary documents to: richard.baldwin@westsuffolk.gov.uk

1. Name of your organisation(s):

Home-Start Mid/West Suffolk

2. Organisation address details

Address Ln1	The Principal's House		
Address Ln2	Kerrison		
Address Ln3	Thorndon		
City/Town	Eye, Suffolk	Postcode	IP23 7JG
Main phone	01379 678552	E-mail	amanda@homestartmidsuffolk.org.uk
Website	www.homestartmidsuffolk.org.uk		

Main Contact Person		Second Contact Person	
Title	Mrs	Title	Mrs
Forename	Amanda	Forename	Angela
Surname	Jacques	Surname	Dennis
Role	Scheme Manager	Role	Business Manager
Daytime Tel No.	01379 678 224	Daytime Tel No.	01379 678552
Mobile No.	██████████	Mobile No.	
Email	amanda@homestartmidsuffolk.org.uk	Email	angela@homestartmidsuffolk.org.uk
Address Details (if different from Org address)		Address Details (if different from Org address)	
Ln1		Ln1	
Ln2		Ln2	
Town		Town	
Post Code		Post Code	

About your organisation

3. What local authority area(s) does your organisation work in?

Suffolk: St Edmundsbury, Forest Heath and Mid Suffolk

*Community Chest funding is offered by both Forest Heath and St Edmundsbury councils. As the decision making process is different any projects applying for funding across West Suffolk, must apply separately.

4. What is the status of your organisation?

Registered charity	✓	Charity number: 1127760
Applying for charitable status		
Company limited by guarantee	✓	Company number: 6674059
Community Interest Company		
Part of a larger regional or national charity (Please state which one)	✓	Home-Start UK however all HS schemes are independent charities
Constituted Community Group		
Social Enterprise		
Other (Please specify)		

5. How many people are involved in your organisation?

Management committee	5	Service users	
Full Time staff / workers	4	Volunteers and helpers (non-management)	55
Part Time staff / workers	3		

6. What is the purpose of your organisation? Please briefly describe why your organisation was set up, its aims and objectives and who primarily benefits from your organisation.

Home-Start Mid Suffolk (HSMS) aims to give support to families who may be struggling to cope with a variety of challenges including post-natal illness, disability, isolation, the demands of parenting young children, bereavement, various mental health difficulties and/or multiple births. Many parents with whom we engage struggle to cope with everyday tasks, and this in turn leads to unhappy children, or children who become at risk. We strengthen families by helping parents to help themselves: to become happier, more confident parents, fully engaged with their children. This in turn improves the health and welfare of the children. We work by providing one-on-one support to families through our staff and volunteers, and through running Family Groups. All our support is designed to provide activities for families that may be at risk of escalation of needs. Our support helps to prevent difficulties from escalating into crises, and reduces the potential impact of these on the children. Our ethos is to help families with identifying their own goals, where they are now and how we can work towards achieving them. Often parents feel isolated and have difficulty finding or accessing services. We work to support parents and children to develop their social networks and support groups within local communities, many of which are rural and isolated. Each volunteer will visit a family in their home each week with co-ordinators supporting this work by regularly reviewing families, ensuring the level of support is appropriate and relevant in meeting the initial aims negotiated with the family. Our volunteers play a crucial role in the front-line delivery of our services.

- 7 What was your organisation's total income for last financial year? £225,110
- 8 What was your organisation's total expenditure for last financial year? £214,858
- 9 Does your organisation have more than six months running costs? **Yes**
- 10 What are your organisation's current unrestricted reserves or savings? £51,300

11 West Suffolk prioritises building resilient families and communities that are healthy and active. Please indicate which of the following areas your project contributes towards:

- A thriving voluntary sector and active communities who take the initiative to help the most vulnerable.
- People playing a greater role in determining the future of their communities.
- Improved wellbeing, physical and mental health.
- Accessible countryside and green spaces.

About your project – why are you applying for this funding?

12 What do you want the funding for? Please be specific. Please note that 'project' is meant to describe the project for which you are seeking funding, and not your organisation.

We have set up and currently run a weekly drop in Family Group at on the Mildenhall Estate in Bury. A need was identified by those involved in the local community and we initially utilised funding from Henry Smith Charity towards the set up costs of this project. We now have a need to secure ongoing funding to enable this successful group to continue and to employ an additional member of staff. This group has grown in size and though the support we offered the parents it has been highlighted that the parents are needing a higher level of support than we first realised. These issues are around school readiness, play opportunities, sharing and taking turns, how to communicate with your child and generally meeting your child needs so they can reach their full potential.

Funding is required to cover the salary of a Group worker who will lead and plan the sessions, and to cover the costs of their time in supervising up to 5 volunteers who assist in the running of the group. Originally our thought were this group could be run by volunteers but as it has grown and we have come to understand the needs and the support these families require , we have decided that best practice would be to employ a Group worker . This worker would then be the link to our family coordinators and could refer to our home visiting service if the support was more appropriate. Funding is also needed for cost of venue hire, refreshments, ongoing training for the volunteers e.g. safeguarding and travel costs for staff and volunteers.

We have already purchased equipment and are approaching Local Councillors via their Locality Budgets for further support for this.

13. How has the project been developed out of the community's desire to improve the lives of local people? What evidence do you have that there is a need for this project? Please include sources of evidence, including any public/user/community consultation.

This project was developed from listening to the need of the families we supported in this area already . They requested that they needed a group where their children could socialize and the parents can get together to form relationships to reduce their isolation . A lot of our families live in flats in this area where there is limited areas for the children to play together .

We have found in other areas that we support that running a group is an excellent way of raising awareness of the service that we provide in the area .

The evidence we have to support this is after a few weeks of opening we had a high number of parents and children attending and returning each week. The feedback from them was the parents were enjoying playing with their children as well as getting low level support from the volunteers . A couple of parents are now volunteers in the group each week and help with the preparation and planning.

We also work in partnership with Acorn house, Health service and the local Children centre who also highlighted a need for our service in this area

14 How will the project help local people to support one another?

We work to strengthen families by helping parents to help themselves. We help to build up the parent's confidence and introduce new ways to play and interact with their children. We have already trained several local mums who assist in our running of the groups. They showed an interest in helping others and we have facilitated their training and now they in turn support other parents. They were very proactive in sorting out toys, advertising the new group and engaging with their community. They have been committed to turn up each week but with discussions with them it was highlighted a need to have a paid worker who could take overall responsibility as well as sign posting and assessing that the families got the right level of support. The weekly sessions are planned using the early year's foundation stage and the children interests. The parents are allocated a keyworker who is a volunteer who will check base with them, if the parent does not attend for a couple of weeks a well-being call is given to ask how things are and any additional support needed .We encourage parents to interact with other parents as well as their children and many friendships are formed that carry on outside the weekly meetings. This encourages people to get involved with other parents and in the local community. and become part of the community.

15. Are you working with any other organisations on this project?

Yes

If yes, please state the names of these groups and the nature of the relationship.

We are working closely with organisations in West Suffolk including Children's Centres, Citizens Advice Bureaus and Community Action Suffolk and Suffolk well-being. We have recently started to work in partnership with Acorn house which is situated in the middle of the estate. We are supporting the young parents to access our group as they are very isolated and do not tend to mix outside of Acorn House.

- 13 When will the project start?
- 14 When will the project finish? **Ongoing**

If this is an ongoing project, how will it be funded and continue going when the funding ends?

It should be possible to approach other funders to support us again in the future. Eg Henry Smith Application will be considered 2017/18. Additionally when our current Children in Need funding is due for renewal in 2018 we are considering extending the application to cover this group as well.

With Cabinet office money via Local Sustainability Fund we are looking at alternative ways of securing additional income to ensure we can continue to support our families in the future.

15 Which years funding are you applying for? 2017-18

16 How many people do you expect to benefit directly from the project on either a weekly, monthly or

17 What results (including targets/numbers) do you expect to see as a result of the funding and how do these relate to the Community Chest funding criteria? If your project is health related how does it improve health outcomes for residents within community networks and beyond?

The principles for this project follow similar principles as Home start. The need categories we monitor are parenting skills, children wellbeing, parent's wellbeing and family management. Within these headings we support the families to make a plan of what they feel their family needs are. To look at different ways to address any problems. We always make sure these are realistic and achievable. The volunteers help to build self-esteem and confidence and offers emotional support. Within this we encourage the families to form wider links with the community and services around them so that they reduce their isolation and become a member of their community. These all support them to look at their well-being. Part of the journey with the family the volunteers undertakes is supporting their emotional needs, this is offering a listening ear. The families often discuss their past and any barriers they feel they have to overcome. This is part of them moving forward. The volunteers are non-judgemental and look at the whole family needs

18 What is the total cost of the project?

Please provide a full breakdown of the total cost of this project, including VAT if applicable along with any in-kind contributions such as volunteer hours.

Item or activity	Cost (£)
Mildenhall Estate Family Group:	
Group Worker salary costs	3,332
Scheme Manager salary costs	183
On-going training contribution for volunteers and staff	350
Home-Start preparation course costs for 5 new volunteers	1,612
Volunteer mileage	1,800
Marketing & equipment	700
Running costs	2,600
Home-Start fee for insurance, legal cover and organisation support	190
Total cost of items listed above:	10,767

19 How much funding are you applying to us for?

£10,767

20 What funds have you raised so far for this project?

Source	Amount (£)
This project comes under the banner of our pilot work in West Suffolk for the Stepping Stones Project. Stepping Stones is also funded by the Big lottery Reaching Communities Fund. Year 3 funding from the Big Lottery to be received in 2017-18	85,267
Community Chest main fund Bury St Edmunds and Forest Heath 2017-18	9,800
Royal British Legion	9,800
	13,414
Total fundraising:	118,281

21 What other funders have you applied to for further funding for the project?

Funder	Amount (£)	Timescale for decision
Raising the Bar	18,000	Applied Sep 16'
Total:	18,000	

22 What other grants and contracts has your organisation received over the past year from either Forest Heath District Council or St Edmundsbury Borough Council?

Funder	Amount (£)	Reason for funding
Forest Heath District Council St Edmundsbury Borough Council	13,250 13,250	Home-visiting service in West Suffolk Districts
Total:	26,500	